

# THE MAGICAL BALI RETREAT

YOUR PERSONAL JOURNEY THROUGH  
THE 5 ELEMENTS & 7 CHAKRA'S

**ARE YOU READY FOR A  
DEEPER DIVE WITHIN?**

**DO YOU FEEL LIKE  
QUALITATIVE ME-TIME?**

**THAN JOIN US IN PARADISE**

In this Magical Bali Retreat we offer a scala of practices, guided by two senior teachers & coaches. We welcome you in the most conscious and comfortable surroundings of Holiway Garden Resort & Spa. Join us in this life-changing journey.



Magical Bali... As soon as I smell the Bali scent I can feel the wonderful energy of this island. Such a special vibe on this island. If you dare to go with the flow of this place, you will definitely get new insights. From the heart. Everything will fall into place.



I look so much forward to go back to this amazing island. And this time I will organise a beautiful retreat with my lovely colleague Annemarie Roozenboom. She's an expert in the elemental yoga and just like me she's in love with Bali



We both have been teaching yoga for more than 8 years at this beautiful resort of Holiway Garden. For us it feels like coming home. We both guided a lot of people with yoga in this paradise. A lot of magic happens here...





### HIGHLIGHTS

- Every day yoga, based on the chakra psychology and the elemental yoga*
- Personal attention & coaching & bodytalks*
- Listening to your intelligent heart, feeling what you need instead of thinking what you need*
- A very unique Balinese experience*
- Spiritual with a down to earth approach, a combination of deep relaxation & joy*
- Very experienced yoga teachers and psychologist /coach.*

*In this journey we integrate the Balinese life. We both come to Bali already for years so we can really offer you a once in a lifetime experience due to our local connections. You have enough time to relax, to swim, to jump in the sea (with or without snorkling gear.-)) and to take your time to reflect and be still... We work with small groups, so there will be lots of attention for YOU.*

*This journey is for you if you have already done some inner work and you want to take the next step. We will create a safe space for you so you can grow in your own rythm. Of course with the help of the 5 elements earth, water, fire, air and spirit. And guided by the seventh chakra's.*

## WHAT WILL YOU GAIN FROM THIS JOURNEY

This journey takes you to the next level. An experience with a big impact on your life. You will definitely be touched in your heart and bring so much back home. It's more than the program alone. Other participants tell us their Bali journey with us changed their lives.

**Costs: € 1.450,- pp**

#### **\*Including:**

5 nights in the wonderful Holiway Garden resort (single room), 5 times breakfast, lunch & dinner, everyday yoga, mediation, personal attention.

\*\*Not included are the Transfer, flight, insurance & extra hotel nights

All guided by Annemarie & Ester, both having lots of experiences with facilitating retreats in Bali and in different countries as well. As soon as you decided to book this retreat, we will also help you with finding other nice places to go to before and/or after the retreat.