



— EXCELLENCE ACADEMY'S —
QUANTUM RETREAT
DISCOVER THE ANCIENT LOST SECRETS OF QUANTUM PHYSICS & SPIRITUALITY *Bali*

EVENT ITINERARY

SEPT 7 DAYS

LEARN | HEAL | TRANSCEND

QUANTUMHEALINGRETREATS.COM

Day 1

Meet & Greet & Chakra Theory



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QUANTUM RETREAT

Arrival by 3pm on September 30th

We will pick you up from Denpasar airport

Welcome Refreshments

Welcome!

Deep dive into Conscious & Unconscious Alignment

We'll begin by peeling back the layers of our thoughts & beliefs that create our external reality.

Chakra Theory & Chakra Vortex Introduction

Chakras regulate all parts of your bodily system, influencing everything from emotional processing to resistance and confusion to disease.

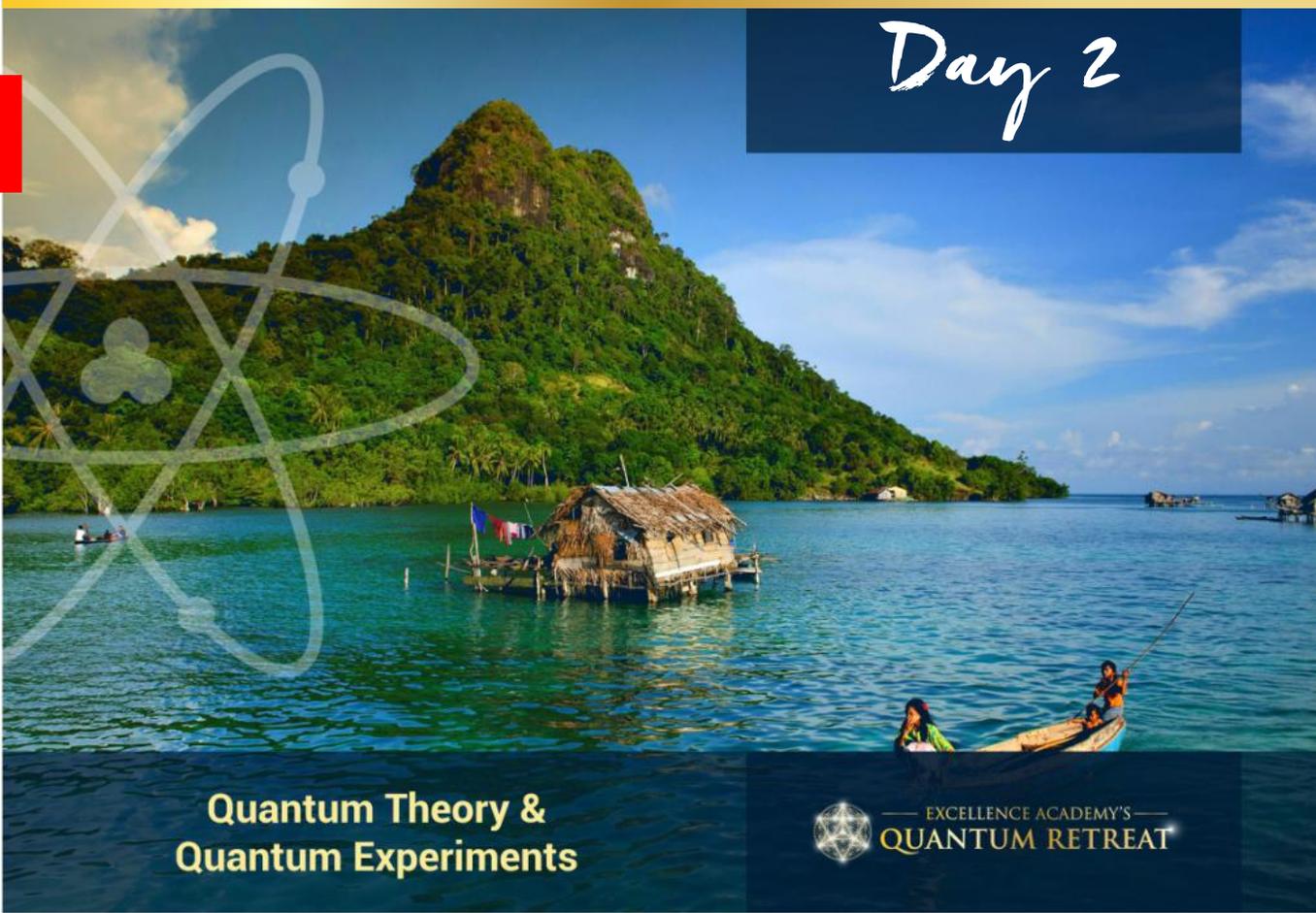
Dinner

Healthy Vegetarian & vegan options also available – All Meals are Inclusive

Fireplace Intro Night & Initial Integration



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Day 2

Quantum Theory & Quantum Experiments



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Morning Yoga & Gratitude

Developed as early as 3000 BC as a way to achieve harmony between the heart and soul on the path to divine enlightenment.

Breakfast

Healthy Vegetarian & vegan options also available – All Meals are Inclusive

Quantum Theory & Quantum Experiments

Discover the Hidden Magical language of the Universe, and how to use it.

Lunch

Healthy Vegetarian & vegan options also available – All Meals are Inclusive

Introduction to Time Line Therapy & Akashic Records

Discover how you can access and change the past, present & future.

Dinner

Healthy Vegetarian & vegan options also available – All Meals are Inclusive



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Day 3

Paradigm Shift

Morning Yoga & Gratitude

Developed as early as 3000 BC as a way to achieve harmony between the heart and soul on the path to divine enlightenment.

Breakfast

Healthy Vegetarian & vegan options also available – All Meals are Inclusive

Releasing Negative Emotions

Time to remove all negative emotions: Fear, Anger, Sadness, Hurt, Guilt resentment etc.

Removal of Inner Conflicts

Inner Conflicts have been known to cause lack of clarity & Direction & also known to cause disease and Cancer.

Lunch

Healthy Vegetarian & vegan options also available – All Meals are Inclusive

Food as Medicine

Discover the hidden 'secrets' of health and the conspiracies of GMO and Fluoride

Transcendence Theory

Discover what it means to “transcend”.

Mind-heart Coherence

Understanding how to “Live within the heart” and why we are built to activate this state of consciousness.

DNA Activation

Discover how to activate your DNA using Frequencies

TM Meditation

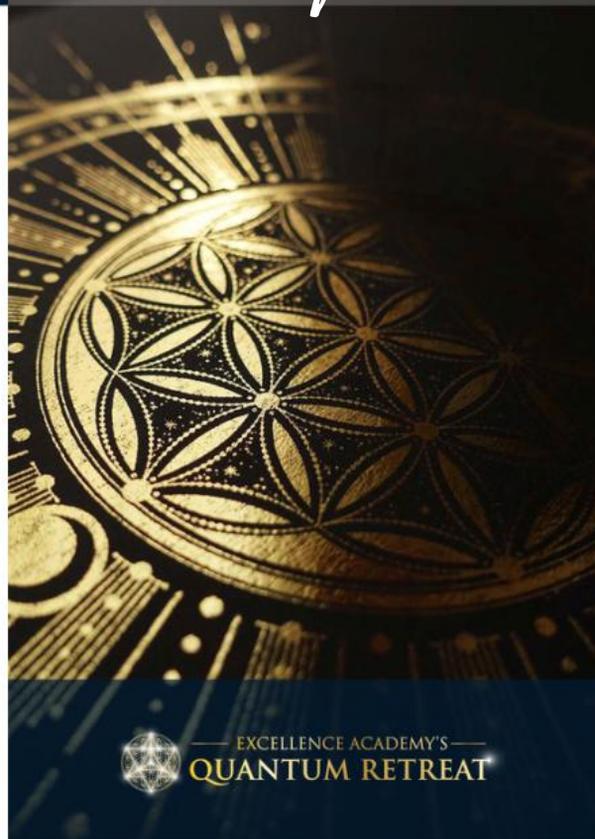
A technique discovered by the Yogi Maharishi Mahesh as a way to ‘transcend’ beyond all thoughts and access a state of divine peace & relaxed awareness

Merkaba Somatic Breathing

Discover the lost ancient technique to receive “Prana Life Force Energy”.

Dinner

Healthy Vegetarian & vegan options also available – All Meals are Inclusive



Group Sound Healing

Cleanse your chakra Vortexes by using frequencies and earth minerals and vibrations



Day 4

Excursion Day

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Morning Gratitude & TM Meditation

Introduction to Transcendental Meditation through the harmony between the heart and soul on the path to divine enlightenment.

Quick Breakfast 6.30am

Healthy Vegetarian & vegan options also available – All Meals are Inclusive

7am Leave for Ubud

Bus trip to Ubud

Frequency Meditation Inside Sacred Pyramids

Frequency experience integrating the sacred geometry of the Golden ratio.

Visit Ubud Rice Terrace

Visiting the the notorious Bali Rice fields

Lunch

Healthy Vegetarian & vegan options also available – All Meals are Inclusive

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...Day 4

Visit Ancient Temples

A trip to visit the Ancient Bali temples which date back at least 2,000 years.

Dinner in Ubud

Healthy Vegetarian & vegan options also available
– All Meals are Inclusive

Return to resort by 7pm

Return to resort



Return to our Beautiful Luxury Resort



Day 5



Precession Of The Equinox & Chakra Balancing



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Sunrise Dolphin Watching with Traditional Fishing boat

Dolphins are creatures considered to have one of the highest states of consciousness

Morning Gratitude & TM Meditation

Achieve harmony between the heart and soul on the path to divine enlightenment.

Breakfast

Healthy Vegetarian & vegan options also available – All Meals are Inclusive

Precession of the Equinoxes Presentation

Discover what our Ancient Ancestors were trying to hint to us, and why this is the most exciting time to be alive on earth!

Lunch

Healthy Vegetarian & vegan options also available – All Meals are Inclusive

Movie

Dinner

Healthy Vegetarian & vegan options also available – All Meals are Inclusive



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Day 6



Morning Yoga & Gratitude

Activating harmony between the heart and soul on the path to divine enlightenment.

Breakfast

Healthy Vegetarian & vegan options also available – All Meals are Inclusive

Trip to Les Waterfall

Trip to an amazing grounding experience to the Les Waterfalls

Lunch

Healthy Vegetarian & vegan options also available – All Meals are Inclusive

Free time / Massage / Day spa

Free time to take in all integrations

Dinner

Healthy Vegetarian & vegan options also available – All Meals are Inclusive

Final Integration

Day 7

■ Morning Yoga & Gratitude

Achieve harmony between the heart and soul on the path to divine enlightenment.

■ Breakfast

Healthy Vegetarian & vegan options also available
– All Meals are Inclusive

■ Free time / Massage / Day spa

■ Lunch

Healthy Vegetarian & vegan options also available
– All Meals are Inclusive

■ Shamanic Group Water Blessing

Water Blessings by Balinese Shaman

■ Removal of Limiting Decisions

Removal of limiting decisions and beliefs about self.

■ S.M.A.R.T Goals & Creating Your Future Process

Setting Goals and apply Creating Your Future Process

■ Fireplace Final Integration

Final integration

■ Dinner

Healthy Vegetarian & vegan options also available – All Meals are Inclusive



REVIEWS

Reviews



I honestly feel like a whole new person after coming out of this training and can't wait for that end goal I have envisioned to be achieved.



I am still feeling the power and magic that has happened to me during the training that we did in Sydney. It would not have been such an amazing journey of transformation for me, if not for you, who challenged me all the way to go through my fears and excuses, by being devoted and by playing full out. It has completely modified the way I live my life and I changed my career as well. I feel like I have found my purpose and I now have total clarity in my life, and I'm getting paid to help other people and make a difference. Well worth the investment!



I am so grateful Michael...The shift that happened for me has grown bigger and brighter, I feel lighter and more present in the moment of my waking day. Things are so much clearer. This feeling of empowerment is the best gift I have ever been given ★ Big BLESSINGS to you Michael THANK YOU!



REVIEWS

Reviews



I now have a clear direction in my business and feel stronger than ever before to continue to grow on a personal and on a business level. I now run a successful coaching business full time in New Zealand, using NLP as the backbone of my business... Giving me plenty of time at home to watch my kids grow up.

If you have the opportunity to work with Michael do not hold back!



Such an amazing experience! Michael did a fantastic job and made it worth every investment and sacrifice that went into attending.



Michael changed my life...Such an amazing breakthrough. Before doing this, I had a belief that "I was not enough"... and it was causing me lack of fulfillment in my life and not taking action... Seriously amazing!! it's the best gift you can give to yourself. Don't hold yourself back anymore and get in touch with Michael and change your life.





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*LIMITED SPOTS AVAILABLE

Due to the nature & intimacy of this event it isn't suitable for everyone.

If you are interested to attend, please apply using the link below

APPLY NOW

[QUANTUMHEALINGRETREATS.COM/APPLY](https://www.quantumhealingretreats.com/apply)